

204
24.06.2024 - 12:38

, 400m

2012

: WPP 2018

								100m	200m	300m	400m	
50	(S6)											
1.		97				5:05.75	967	1:13.41	1:17.33	1:18.13	1:16.88	
	50m:	35.26	35.26	150m:	1:51.38	37.97	250m:	3:09.15	38.41	350m:	4:27.71	38.84
	100m:	1:13.41	38.15	200m:	2:30.74	39.36	300m:	3:48.87	39.72	400m:	5:05.75	38.04
2.		05				5:24.72	841	1:13.62	1:22.30	1:24.09	1:24.71	
	50m:	35.62	35.62	150m:	1:54.16	40.54	250m:	3:18.67	42.75	350m:	4:43.24	43.23
	100m:	1:13.62	38.00	200m:	2:35.92	41.76	300m:	4:00.01	41.34	400m:	5:24.72	41.48
3.		01				5:42.22	702	1:21.82	1:26.30	1:27.31	1:26.79	
	50m:	38.32	38.32	150m:	2:04.59	42.77	250m:	3:31.68	43.56	350m:	4:59.11	43.68
	100m:	1:21.82	43.50	200m:	2:48.12	43.53	300m:	4:15.43	43.75	400m:	5:42.22	43.11
4.		04				5:46.23	669	1:17.53	1:28.86	1:30.86	1:28.98	
	50m:	37.20	37.20	150m:	2:01.09	43.56	250m:	3:31.77	45.38	350m:	5:02.95	45.70
	100m:	1:17.53	40.33	200m:	2:46.39	45.30	300m:	4:17.25	45.48	400m:	5:46.23	43.28
5.		09				6:07.02	489	1:27.50	1:34.47	1:35.83	1:29.22	
	50m:	41.75	41.75	150m:	2:14.90	47.40	250m:	3:49.43	47.46	350m:	5:23.40	45.60
	100m:	1:27.50	45.75	200m:	3:01.97	47.07	300m:	4:37.80	48.37	400m:	6:07.02	43.62
6.		10				6:25.80	338	1:26.33	1:40.73	1:41.07	1:37.67	
	50m:	39.35	39.35	150m:	2:15.24	48.91	250m:	3:57.02	49.96	350m:	5:38.51	50.38
	100m:	1:26.33	46.98	200m:	3:07.06	51.82	300m:	4:48.13	51.11	400m:	6:25.80	47.29
7.		01				6:32.23	291 I	1:31.19	1:40.15	1:41.40	1:39.49	
	50m:	42.65	42.65	150m:	2:21.71	50.52	250m:	4:02.43	51.09	350m:	5:43.84	51.10
	100m:	1:31.19	48.54	200m:	3:11.34	49.63	300m:	4:52.74	50.31	400m:	6:32.23	48.39
8.		09				6:56.79	147	1:34.08	1:47.74	1:48.64	1:46.33	
	50m:	42.17	42.17	150m:	2:27.57	53.49	250m:	4:16.01	54.19	350m:	6:02.65	52.19
	100m:	1:34.08	51.91	200m:	3:21.82	54.25	300m:	5:10.46	54.45	400m:	6:56.79	54.14
9.		06				7:04.66	114	1:34.21	1:49.39	1:49.78	1:51.28	
	50m:	43.67	43.67	150m:	2:28.26	54.05	250m:	4:17.72	54.12	350m:	6:09.97	56.59
	100m:	1:34.21	50.54	200m:	3:23.60	55.34	300m:	5:13.38	55.66	400m:	7:04.66	54.69
50	(S7)											
1.		08				4:54.27	938	1:10.68	1:13.34	1:15.45	1:14.80	
	50m:	33.98	33.98	150m:	1:47.09	36.41	250m:	3:00.86	36.84	350m:	4:16.91	37.44
	100m:	1:10.68	36.70	200m:	2:24.02	36.93	300m:	3:39.47	38.61	400m:	4:54.27	37.36
2.		99				4:54.53	937	1:09.26	1:14.23	1:15.16	1:15.88	
	50m:	32.42	32.42	150m:	1:46.43	37.17	250m:	3:01.01	37.52	350m:	4:16.99	38.34
	100m:	1:09.26	36.84	200m:	2:23.49	37.06	300m:	3:38.65	37.64	400m:	4:54.53	37.54
3.		06				5:55.36	423	1:21.60	1:32.64	1:35.53	1:25.59	
	50m:	37.38	37.38	150m:	2:08.13	46.53	250m:	3:42.99	48.75	350m:	5:14.08	44.31
	100m:	1:21.60	44.22	200m:	2:54.24	46.11	300m:	4:29.77	46.78	400m:	5:55.36	41.28
4.		03				5:56.24	415	1:16.22	1:34.33	1:36.41	1:29.28	
	50m:	35.19	35.19	150m:	2:02.96	46.74	250m:	3:39.39	48.84	350m:	5:13.15	46.19
	100m:	1:16.22	41.03	200m:	2:50.55	47.59	300m:	4:26.96	47.57	400m:	5:56.24	43.09
5.		09				6:01.39	372	1:21.30	1:32.82	1:34.84	1:32.43	
	50m:	38.06	38.06	150m:	2:07.69	46.39	250m:	3:41.94	47.82	350m:	5:17.04	48.08
	100m:	1:21.30	43.24	200m:	2:54.12	46.43	300m:	4:28.96	47.02	400m:	6:01.39	44.35
6.		03				6:03.50	355	1:18.83	1:31.26	1:35.49	1:37.92	
	50m:	36.27	36.27	150m:	2:03.74	44.91	250m:	3:37.11	47.02	350m:	5:14.79	49.21
	100m:	1:18.83	42.56	200m:	2:50.09	46.35	300m:	4:25.58	48.47	400m:	6:03.50	48.71

.11

OMEGA SWISS TIMING

50

204,		, 400m		, 50		(S8)		100m	200m	300m	400m	
10.		09				5:20.72	508	1:16.69	1:21.68	1:22.08	1:20.27	
	50m:	36.68	36.68	150m:	1:57.11	40.42	250m:	3:18.94	40.57	350m:	4:40.62	40.17
	100m:	1:16.69	40.01	200m:	2:38.37	41.26	300m:	4:00.45	41.51	400m:	5:20.72	40.10
11.		05				5:47.29	272 I	1:16.68	1:28.08	1:31.33	1:31.20	
	50m:	35.74	35.74	150m:	2:00.48	43.80	250m:	3:30.30	45.54	350m:	5:02.70	46.61
	100m:	1:16.68	40.94	200m:	2:44.76	44.28	300m:	4:16.09	45.79	400m:	5:47.29	44.59
12.		10				5:47.59	269 I	1:17.23	1:31.55	1:31.14	1:27.67	
	50m:	35.49	35.49	150m:	2:02.38	45.15	250m:	3:34.50	45.72	350m:	5:04.75	44.83
	100m:	1:17.23	41.74	200m:	2:48.78	46.40	300m:	4:19.92	45.42	400m:	5:47.59	42.84
13.		04				5:49.29	257 I	1:13.21	1:30.39	1:34.59	1:31.10	
	50m:	33.67	33.67	150m:	1:57.72	44.51	250m:	3:30.44	46.84	350m:	5:04.01	45.82
	100m:	1:13.21	39.54	200m:	2:43.60	45.88	300m:	4:18.19	47.75	400m:	5:49.29	45.28
14.		07				6:23.43	75	1:26.20	1:39.58	1:42.34	1:35.31	
	50m:	38.06	38.06	150m:	2:15.80	49.60	250m:	3:56.66	50.88	350m:	5:36.37	48.25
	100m:	1:26.20	48.14	200m:	3:05.78	49.98	300m:	4:48.12	51.46	400m:	6:23.43	47.06
15.		06				6:27.50	63	1:22.05	1:41.88	1:44.54	1:39.03	
	50m:	37.61	37.61	150m:	2:11.95	49.90	250m:	3:55.93	52.00	350m:	5:39.53	51.06
	100m:	1:22.05	44.44	200m:	3:03.93	51.98	300m:	4:48.47	52.54	400m:	6:27.50	47.97
16.		01				6:46.02	25	1:30.90	1:43.78	1:45.96	1:45.38	
	50m:	42.20	42.20	150m:	2:22.63	51.73	250m:	4:06.88	52.20	350m:	5:54.89	54.25
	100m:	1:30.90	48.70	200m:	3:14.68	52.05	300m:	5:00.64	53.76	400m:	6:46.02	51.13
50		(S9)										
1.		87	-			4:34.43	838	1:03.53	1:09.24	1:10.78	1:10.88	
	50m:	30.08	30.08	150m:	1:38.23	34.70	250m:	2:47.81	35.04	350m:	3:59.25	35.70
	100m:	1:03.53	33.45	200m:	2:12.77	34.54	300m:	3:23.55	35.74	400m:	4:34.43	35.18
2.		00				4:37.30	812	1:05.57	1:10.62	1:10.68	1:10.43	
	50m:	31.55	31.55	150m:	1:40.33	34.76	250m:	2:51.73	35.54	350m:	4:02.48	35.61
	100m:	1:05.57	34.02	200m:	2:16.19	35.86	300m:	3:26.87	35.14	400m:	4:37.30	34.82
3.		99				4:55.32	637	1:07.45	1:15.23	1:18.13	1:14.51	
	50m:	31.67	31.67	150m:	1:44.38	36.93	250m:	3:01.50	38.82	350m:	4:19.03	38.22
	100m:	1:07.45	35.78	200m:	2:22.68	38.30	300m:	3:40.81	39.31	400m:	4:55.32	36.29
4.		06				4:59.86	590	1:08.46	1:15.72	1:18.69	1:16.99	
	50m:	32.33	32.33	150m:	1:45.69	37.23	250m:	3:03.48	39.30	350m:	4:21.83	38.96
	100m:	1:08.46	36.13	200m:	2:24.18	38.49	300m:	3:42.87	39.39	400m:	4:59.86	38.03
5.		02				5:02.34	565	1:05.80	1:16.25	1:21.02	1:19.27	
	50m:	31.02	31.02	150m:	1:43.35	37.55	250m:	3:02.57	40.52	350m:	4:24.85	41.78
	100m:	1:05.80	34.78	200m:	2:22.05	38.70	300m:	3:43.07	40.50	400m:	5:02.34	37.49
6.		08				5:04.56	542	1:12.45	1:18.21	1:16.32	1:17.58	
	50m:	33.46	33.46	150m:	1:51.42	38.97	250m:	3:08.40	37.74	350m:	4:26.13	39.15
	100m:	1:12.45	38.99	200m:	2:30.66	39.24	300m:	3:46.98	38.58	400m:	5:04.56	38.43
7.		04				5:24.73	345	1:14.09	1:20.49	1:25.23	1:24.92	
	50m:	35.26	35.26	150m:	1:53.34	39.25	250m:	3:16.56	41.98	350m:	4:42.70	42.89
	100m:	1:14.09	38.83	200m:	2:34.58	41.24	300m:	3:59.81	43.25	400m:	5:24.73	42.03
8.		07				5:29.22	306	1:16.70	1:25.71	1:24.64	1:22.17	
	50m:	36.25	36.25	150m:	1:58.76	42.06	250m:	3:24.65	42.24	350m:	4:49.22	42.17
	100m:	1:16.70	40.45	200m:	2:42.41	43.65	300m:	4:07.05	42.40	400m:	5:29.22	40.00
9.		88				5:31.96	283	1:16.14	1:23.61	1:26.42	1:25.79	
	50m:	36.47	36.47	150m:	1:57.80	41.66	250m:	3:22.71	42.96	350m:	4:49.71	43.54
	100m:	1:16.14	39.67	200m:	2:39.75	41.95	300m:	4:06.17	43.46	400m:	5:31.96	42.25
10.		09				5:32.08	282 I	1:12.73	1:24.12	1:28.46	1:26.77	
	50m:	33.51	33.51	150m:	1:54.41	41.68	250m:	3:21.38	44.53	350m:	4:49.97	44.66
	100m:	1:12.73	39.22	200m:	2:36.85	42.44	300m:	4:05.31	43.93	400m:	5:32.08	42.11

		204,	, 400m			50	(S9)					
								100m	200m	300m	400m	
11.			10				5:32.25 281 I	1:16.87	1:27.00	1:27.33	1:21.05	
	50m:	35.01	35.01	150m:	2:00.25	43.38	250m:	3:27.10	43.23	350m:	4:55.26	44.06
	100m:	1:16.87	41.86	200m:	2:43.87	43.62	300m:	4:11.20	44.10	400m:	5:32.25	36.99
12.			09				6:11.12 65	1:21.09	1:34.45	1:37.84	1:37.74	
	50m:	37.60	37.60	150m:	2:07.09	46.00	250m:	3:43.53	47.99	350m:	5:22.99	49.61
	100m:	1:21.09	43.49	200m:	2:55.54	48.45	300m:	4:33.38	49.85	400m:	6:11.12	48.13
13.			09				6:16.67 50	1:25.64	1:39.28	1:40.22	1:31.53	
	50m:	39.16	39.16	150m:	2:15.11	49.47	250m:	3:55.11	50.19	350m:	5:33.90	48.76
	100m:	1:25.64	46.48	200m:	3:04.92	49.81	300m:	4:45.14	50.03	400m:	6:16.67	42.77
14.			10				6:20.95 40	1:29.11	1:39.53	1:38.73	1:33.58	
	50m:	41.72	41.72	150m:	2:17.54	48.43	250m:	3:57.36	48.72	350m:	5:35.87	48.50
	100m:	1:29.11	47.39	200m:	3:08.64	51.10	300m:	4:47.37	50.01	400m:	6:20.95	45.08
15.			08				6:21.41 39	1:20.86	1:39.07	1:40.50	1:40.98	
	50m:	37.33	37.33	150m:	2:10.68	49.82	250m:	3:50.43	50.50	350m:	5:32.94	52.51
	100m:	1:20.86	43.53	200m:	2:59.93	49.25	300m:	4:40.43	50.00	400m:	6:21.41	48.47
16.			09				6:40.22 13	1:31.23	1:42.99	1:45.45	1:40.55	
	50m:	41.07	41.07	150m:	2:23.07	51.84	250m:	4:06.92	52.70	350m:	5:54.31	54.64
	100m:	1:31.23	50.16	200m:	3:14.22	51.15	300m:	4:59.67	52.75	400m:	6:40.22	45.91
17.			09				7:21.47	1:35.06	2:00.99	2:00.75	1:44.67	
	50m:	42.05	42.05	150m:	2:34.90	59.84	250m:	4:37.13	1:01.08	350m:	6:35.69	58.89
	100m:	1:35.06	53.01	200m:	3:36.05	1:01.15	300m:	5:36.80	59.67	400m:	7:21.47	45.78
			00				8:35.50	1:54.30	2:09.74	2:16.33	2:15.13	
	50m:	53.69	53.69	150m:	2:58.25	1:03.95	250m:	5:10.85	1:06.81	350m:	7:28.66	1:08.29
	100m:	1:54.30	1:00.61	200m:	4:04.04	1:05.79	300m:	6:20.37	1:09.52	400m:	8:35.50	1:06.84
		50	(S10)									
1.			08				4:26.29 763	1:02.76	1:07.38	1:08.87	1:07.28	
	50m:	29.76	29.76	150m:	1:36.20	33.44	250m:	2:44.11	33.97	350m:	3:52.76	33.75
	100m:	1:02.76	33.00	200m:	2:10.14	33.94	300m:	3:19.01	34.90	400m:	4:26.29	33.53
2.			99				4:46.35 549	1:07.56	1:14.75	1:12.78	1:11.26	
	50m:	31.46	31.46	150m:	1:44.46	36.90	250m:	2:58.72	36.41	350m:	4:11.70	36.61
	100m:	1:07.56	36.10	200m:	2:22.31	37.85	300m:	3:35.09	36.37	400m:	4:46.35	34.65
3.			05				5:02.15 382	1:06.09	1:17.22	1:20.70	1:18.14	
	50m:	30.78	30.78	150m:	1:43.91	37.82	250m:	3:03.22	39.91	350m:	4:24.73	40.72
	100m:	1:06.09	35.31	200m:	2:23.31	39.40	300m:	3:44.01	40.79	400m:	5:02.15	37.42
4.			10				5:04.91 355	1:08.91	1:18.40	1:21.28	1:16.32	
	50m:	31.92	31.92	150m:	1:47.26	38.35	250m:	3:07.86	40.55	350m:	4:27.38	38.79
	100m:	1:08.91	36.99	200m:	2:27.31	40.05	300m:	3:48.59	40.73	400m:	5:04.91	37.53
5.			06				5:05.62 348	1:12.97	1:18.26	1:17.76	1:16.63	
	50m:	34.23	34.23	150m:	1:51.68	38.71	250m:	3:10.18	38.95	350m:	4:29.40	40.41
	100m:	1:12.97	38.74	200m:	2:31.23	39.55	300m:	3:48.99	38.81	400m:	5:05.62	36.22
6.			97				5:06.99 335	1:10.50	1:15.22	1:18.84	1:22.43	
	50m:	33.90	33.90	150m:	1:48.01	37.51	250m:	3:05.08	39.36	350m:	4:26.05	41.49
	100m:	1:10.50	36.60	200m:	2:25.72	37.71	300m:	3:44.56	39.48	400m:	5:06.99	40.94
7.			07				5:07.12 334	1:11.48	1:16.19	1:19.65	1:19.80	
	50m:	34.00	34.00	150m:	1:48.94	37.46	250m:	3:08.19	40.52	350m:	4:28.47	41.15
	100m:	1:11.48	37.48	200m:	2:27.67	38.73	300m:	3:47.32	39.13	400m:	5:07.12	38.65
8.			07				5:26.23 179 I	1:11.73	1:23.55	1:26.50	1:24.45	
	50m:	33.69	33.69	150m:	1:52.80	41.07	250m:	3:17.95	42.67	350m:	4:43.44	41.66
	100m:	1:11.73	38.04	200m:	2:35.28	42.48	300m:	4:01.78	43.83	400m:	5:26.23	42.79
9.			08				5:29.09 161 I	1:16.28	1:20.96	1:25.38	1:26.47	
	50m:	36.91	36.91	150m:	1:56.26	39.98	250m:	3:20.03	42.79	350m:	4:47.77	45.15
	100m:	1:16.28	39.37	200m:	2:37.24	40.98	300m:	4:02.62	42.59	400m:	5:29.09	41.32

204, , 400m , 50 (S10)

								100m	200m	300m	400m	
10.		11				6:07.59	24	1:24.18	1:37.90	1:38.09	1:27.42	
	50m:	39.61	39.61	150m:	2:13.76	49.58	250m:	3:50.76	48.68	350m:	5:24.36	44.19
	100m:	1:24.18	44.57	200m:	3:02.08	48.32	300m:	4:40.17	49.41	400m:	6:07.59	43.23