

12  
28.06.2023 - 12:50

, 400m

13

: FINA 2022

13												
1.					06	"		"	<b>5:10.38</b>	580		
	50m:	34.08	34.08	150m:	1:55.49	42.20	250m:	3:16.60	40.74	350m:	4:36.45	38.52
	100m:	1:13.29	39.21	200m:	2:35.86	40.37	300m:	3:57.93	41.33	400m:	5:10.38	33.93
2.					10	"		"	<b>5:12.26</b>	570		
	50m:	33.02	33.02	150m:	1:53.86	41.37	250m:	3:17.10	43.91	350m:	4:38.58	35.24
	100m:	1:12.49	39.47	200m:	2:33.19	39.33	300m:	4:03.34	46.24	400m:	5:12.26	33.68
3.					08	6				<b>5:16.08</b>	549	
	50m:	33.57	33.57	150m:	1:55.16	41.50	250m:	3:18.86	44.29	350m:	4:41.37	36.89
	100m:	1:13.66	40.09	200m:	2:34.57	39.41	300m:	4:04.48	45.62	400m:	5:16.08	34.71
4.					08	6				<b>5:31.69</b>	475 I	
	50m:	32.99	32.99	150m:	1:52.95	40.85	250m:	3:22.70	49.22	350m:	4:53.13	41.73
	100m:	1:12.10	39.11	200m:	2:33.48	40.53	300m:	4:11.40	48.70	400m:	5:31.69	38.56
5.					09	"		"	<b>5:35.41</b>	460 I		
	50m:	33.86	33.86	150m:	1:57.45	43.76	250m:	3:27.27	48.31	350m:	4:56.48	40.05
	100m:	1:13.69	39.83	200m:	2:38.96	41.51	300m:	4:16.43	49.16	400m:	5:35.41	38.93
6.					10	"		"	<b>5:41.82</b>	434 II		
	50m:	35.82	35.82	150m:	2:01.83	43.26	250m:	3:33.23	49.60	350m:	5:02.58	39.54
	100m:	1:18.57	42.75	200m:	2:43.63	41.80	300m:	4:23.04	49.81	400m:	5:41.82	39.24
7.					10	"		"	<b>6:11.53</b>	338 II		
	50m:	39.15	39.15	150m:	2:14.88	49.34	250m:	3:52.04	51.83	350m:	5:28.83	44.25
	100m:	1:25.54	46.39	200m:	3:00.21	45.33	300m:	4:44.58	52.54	400m:	6:11.53	42.70

15 - 17

1.					06	"		"	<b>5:10.38</b>	580		
	50m:	34.08	34.08	150m:	1:55.49	42.20	250m:	3:16.60	40.74	350m:	4:36.45	38.52
	100m:	1:13.29	39.21	200m:	2:35.86	40.37	300m:	3:57.93	41.33	400m:	5:10.38	33.93
2.					08	6				<b>5:16.08</b>	549	
	50m:	33.57	33.57	150m:	1:55.16	41.50	250m:	3:18.86	44.29	350m:	4:41.37	36.89
	100m:	1:13.66	40.09	200m:	2:34.57	39.41	300m:	4:04.48	45.62	400m:	5:16.08	34.71
3.					08	6				<b>5:31.69</b>	475 I	
	50m:	32.99	32.99	150m:	1:52.95	40.85	250m:	3:22.70	49.22	350m:	4:53.13	41.73
	100m:	1:12.10	39.11	200m:	2:33.48	40.53	300m:	4:11.40	48.70	400m:	5:31.69	38.56

13 - 14

1.					10	"		"	<b>5:12.26</b>	570		
	50m:	33.02	33.02	150m:	1:53.86	41.37	250m:	3:17.10	43.91	350m:	4:38.58	35.24
	100m:	1:12.49	39.47	200m:	2:33.19	39.33	300m:	4:03.34	46.24	400m:	5:12.26	33.68
2.					09	"		"	<b>5:35.41</b>	460 I		
	50m:	33.86	33.86	150m:	1:57.45	43.76	250m:	3:27.27	48.31	350m:	4:56.48	40.05
	100m:	1:13.69	39.83	200m:	2:38.96	41.51	300m:	4:16.43	49.16	400m:	5:35.41	38.93
3.					10	"		"	<b>5:41.82</b>	434 II		
	50m:	35.82	35.82	150m:	2:01.83	43.26	250m:	3:33.23	49.60	350m:	5:02.58	39.54
	100m:	1:18.57	42.75	200m:	2:43.63	41.80	300m:	4:23.04	49.81	400m:	5:41.82	39.24
4.					10	"		"	<b>6:11.53</b>	338 II		
	50m:	39.15	39.15	150m:	2:14.88	49.34	250m:	3:52.04	51.83	350m:	5:28.83	44.25
	100m:	1:25.54	46.39	200m:	3:00.21	45.33	300m:	4:44.58	52.54	400m:	6:11.53	42.70