

28.06.2023 - 13:20

: FINA 2022

16				, 400m				13	
13									
1.			08	6				4:36.18	607
	50m:	31.14	31.14	150m:	1:40.06	34.71	250m:	2:49.00	34.12
	100m:	1:05.35	34.21	200m:	2:14.88	34.82	300m:	3:24.23	35.23
							350m:	4:00.52	36.29
							400m:	4:36.18	35.66
2.			09	"				4:36.81	603
	50m:	30.95	30.95	150m:	2:15.69	1:10.49	250m:	3:26.56	35.58
	100m:	1:05.20	34.25	200m:	2:50.98	35.29	300m:	4:02.65	36.09
							350m:	4:36.89	34.24
							400m:	4:36.81	
3.			09	"				4:39.16	588 I
	50m:	31.25	31.25	150m:	1:41.05	35.42	250m:	2:52.13	35.55
	100m:	1:05.63	34.38	200m:	2:16.58	35.53	300m:	3:28.21	36.08
							350m:	4:04.51	36.30
							400m:	4:39.16	34.65
4.			10	"				4:42.62	567 I
	50m:	33.11	33.11	150m:	1:44.36	35.96	250m:	2:56.27	35.95
	100m:	1:08.40	35.29	200m:	2:20.32	35.96	300m:	3:31.83	35.56
							350m:	4:07.84	36.01
							400m:	4:42.62	34.78
5.			08	() (.)				4:46.75	542 I
	50m:	31.54	31.54	150m:	1:41.34	35.40	250m:	2:55.39	37.40
	100m:	1:05.94	34.40	200m:	2:17.99	36.65	300m:	3:32.62	37.23
							350m:	4:09.59	36.97
							400m:	4:46.75	37.16
6.			06	() (.)				4:50.15	524 I
	50m:	32.59	32.59	150m:	1:45.79	37.12	250m:	3:00.32	37.37
	100m:	1:08.67	36.08	200m:	2:22.95	37.16	300m:	3:37.78	37.46
							350m:	4:14.78	37.00
							400m:	4:50.15	35.37
7.			09	"				4:57.26	487 II
	50m:	33.38	33.38	150m:	1:47.51	37.59	250m:	3:03.62	38.27
	100m:	1:09.92	36.54	200m:	2:25.35	37.84	300m:	3:42.01	38.39
							350m:	4:20.16	38.15
							400m:	4:57.26	37.10
8.			10					4:57.87	484 II
	50m:	32.73	32.73	150m:	1:48.05	37.86	250m:	3:03.97	37.74
	100m:	1:10.19	37.46	200m:	2:26.23	38.18	300m:	3:42.58	38.61
							350m:	4:21.16	38.58
							400m:	4:57.87	36.71
9.			05	"				5:00.36	472 II
	50m:	33.46	33.46	150m:	1:48.07	37.80	250m:	3:06.06	38.99
	100m:	1:10.27	36.81	200m:	2:27.07	39.00	300m:	3:44.98	38.92
							350m:	4:23.34	38.36
							400m:	5:00.36	37.02
10.			09	"				5:02.02	464 II
	50m:	34.05	34.05	150m:	2:28.64	38.03	250m:	3:07.30	
	100m:	1:50.61	1:16.56	200m:			300m:	3:46.16	38.86
							350m:	4:25.18	39.02
							400m:	5:02.02	36.84
11.			06	6				5:04.57	453 II
	50m:	33.03	33.03	150m:	1:47.98	38.30	250m:	3:46.35	1:19.12
	100m:	1:09.68	36.65	200m:	2:27.23	39.25	300m:	4:25.89	39.54
							350m:	5:04.57	38.68
							400m:	5:04.57	
12.			07	"				5:09.96	429 II
	50m:	34.28	34.28	150m:	1:51.42	38.83	250m:	3:10.60	39.39
	100m:	1:12.59	38.31	200m:	2:31.21	39.79	300m:	3:51.07	40.47
							350m:	4:31.20	40.13
							400m:	5:09.96	38.76
13.			09	"				5:20.08	390 II
	50m:	34.72	34.72	150m:	1:53.70	40.07	250m:	3:15.07	41.03
	100m:	1:13.63	38.91	200m:	2:34.04	40.34	300m:	3:56.94	41.87
							350m:	4:38.97	42.03
							400m:	5:20.08	41.11
14.			10	() (.)				5:22.61	381 II
	50m:	34.89	34.89	150m:	1:55.48	41.04	250m:	3:19.15	41.85
	100m:	1:14.44	39.55	200m:	2:37.30	41.82	300m:	4:00.24	41.09
							350m:	4:22.72	22.48
							400m:	5:22.61	59.89
15.			10	6				5:28.35	361 II
	50m:	36.25	36.25	150m:	1:58.00	41.54	250m:	3:22.39	42.14
	100m:	1:16.46	40.21	200m:	2:40.25	42.25	300m:	4:04.96	42.57
							350m:	4:47.31	42.35
							400m:	5:28.35	41.04
16.			09	6				5:31.46	351 II
	50m:	35.13	35.13	150m:	1:56.79	41.93	250m:	3:22.88	43.20
	100m:	1:14.86	39.73	200m:	2:39.68	42.89	300m:	4:06.34	43.46
							350m:	4:49.52	43.18
							400m:	5:31.46	41.94
17.			09	6				5:36.36	336 II
	50m:	36.26	36.26	150m:	2:01.17	42.91	250m:	3:28.76	44.14
	100m:	1:18.26	42.00	200m:	2:44.62	43.45	300m:	4:12.09	43.33
							350m:	4:55.27	43.18
							400m:	5:36.36	41.09

	16,	, 400m	, 13											
18.			07	()	(.)					5:38.24	330	III
	50m:	37.01	37.01	150m:	2:01.36	42.96	250m:	3:30.04	44.41	350m:	4:56.32	42.74		
	100m:	1:18.40	41.39	200m:	2:45.63	44.27	300m:	4:13.58	43.54	400m:	5:38.24	41.92		
19.			10	()	(.)					6:15.06	242	III
	50m:	40.48	40.48	150m:	2:13.66	47.41	250m:	3:52.02	49.47	350m:	5:29.05	48.30		
	100m:	1:26.25	45.77	200m:	3:02.55	48.89	300m:	4:40.75	48.73	400m:	6:15.06	46.01		
15 - 17														
1.			08			6						4:36.18	607	
	50m:	31.14	31.14	150m:	1:40.06	34.71	250m:	2:49.00	34.12	350m:	4:00.52	36.29		
	100m:	1:05.35	34.21	200m:	2:14.88	34.82	300m:	3:24.23	35.23	400m:	4:36.18	35.66		
2.			08	()	(.)					4:46.75	542	I
	50m:	31.54	31.54	150m:	1:41.34	35.40	250m:	2:55.39	37.40	350m:	4:09.59	36.97		
	100m:	1:05.94	34.40	200m:	2:17.99	36.65	300m:	3:32.62	37.23	400m:	4:46.75	37.16		
3.			06	()	(.)					4:50.15	524	I
	50m:	32.59	32.59	150m:	1:45.79	37.12	250m:	3:00.32	37.37	350m:	4:14.78	37.00		
	100m:	1:08.67	36.08	200m:	2:22.95	37.16	300m:	3:37.78	37.46	400m:	4:50.15	35.37		
4.			06			6						5:04.57	453	II
	50m:	33.03	33.03	150m:	1:47.98	38.30	250m:	3:46.35	1:19.12	350m:	5:04.57	38.68		
	100m:	1:09.68	36.65	200m:	2:27.23	39.25	300m:	4:25.89	39.54	400m:	5:04.57			
5.			07			"						5:09.96	429	II
	50m:	34.28	34.28	150m:	1:51.42	38.83	250m:	3:10.60	39.39	350m:	4:31.20	40.13		
	100m:	1:12.59	38.31	200m:	2:31.21	39.79	300m:	3:51.07	40.47	400m:	5:09.96	38.76		
6.			07	()	(.)					5:38.24	330	III
	50m:	37.01	37.01	150m:	2:01.36	42.96	250m:	3:30.04	44.41	350m:	4:56.32	42.74		
	100m:	1:18.40	41.39	200m:	2:45.63	44.27	300m:	4:13.58	43.54	400m:	5:38.24	41.92		
13 - 14														
1.			09			"						4:36.81	603	
	50m:	30.95	30.95	150m:	2:15.69	1:10.49	250m:	3:26.56	35.58	350m:	4:36.81	34.24		
	100m:	1:05.20	34.25	200m:	2:50.98	35.29	300m:	4:02.65	36.09	400m:	4:36.81			
2.			09			"						4:39.16	588	I
	50m:	31.25	31.25	150m:	1:41.05	35.42	250m:	2:52.13	35.55	350m:	4:04.51	36.30		
	100m:	1:05.63	34.38	200m:	2:16.58	35.53	300m:	3:28.21	36.08	400m:	4:39.16	34.65		
3.			10			"						4:42.62	567	I
	50m:	33.11	33.11	150m:	1:44.36	35.96	250m:	2:56.27	35.95	350m:	4:07.84	36.01		
	100m:	1:08.40	35.29	200m:	2:20.32	35.96	300m:	3:31.83	35.56	400m:	4:42.62	34.78		
4.			09			"						4:57.26	487	II
	50m:	33.38	33.38	150m:	1:47.51	37.59	250m:	3:03.62	38.27	350m:	4:20.16	38.15		
	100m:	1:09.92	36.54	200m:	2:25.35	37.84	300m:	3:42.01	38.39	400m:	4:57.26	37.10		
5.			10			"						4:57.87	484	II
	50m:	32.73	32.73	150m:	1:48.05	37.86	250m:	3:03.97	37.74	350m:	4:21.16	38.58		
	100m:	1:10.19	37.46	200m:	2:26.23	38.18	300m:	3:42.58	38.61	400m:	4:57.87	36.71		
6.			09			"						5:02.02	464	II
	50m:	34.05	34.05	150m:	2:28.64	38.03	250m:	3:07.30		350m:	4:25.18	39.02		
	100m:	1:50.61	1:16.56	200m:			300m:	3:46.16	38.86	400m:	5:02.02	36.84		
7.			09			"						5:20.08	390	II
	50m:	34.72	34.72	150m:	1:53.70	40.07	250m:	3:15.07	41.03	350m:	4:38.97	42.03		
	100m:	1:13.63	38.91	200m:	2:34.04	40.34	300m:	3:56.94	41.87	400m:	5:20.08	41.11		
8.			10	()	(.)					5:22.61	381	II
	50m:	34.89	34.89	150m:	1:55.48	41.04	250m:	3:19.15	41.85	350m:	4:22.72	22.48		
	100m:	1:14.44	39.55	200m:	2:37.30	41.82	300m:	4:00.24	41.09	400m:	5:22.61	59.89		

KRD, 27. - 30.6.2023

	16,	, 400m	, 13 - 14										
9.		,	10	6								5:28.35	361 II
	50m:	36.25	36.25	150m:	1:58.00	41.54	250m:	3:22.39	42.14	350m:	4:47.31	42.35	
	100m:	1:16.46	40.21	200m:	2:40.25	42.25	300m:	4:04.96	42.57	400m:	5:28.35	41.04	
10.		,	09	6									5:31.46 351 II
	50m:	35.13	35.13	150m:	1:56.79	41.93	250m:	3:22.88	43.20	350m:	4:49.52	43.18	
	100m:	1:14.86	39.73	200m:	2:39.68	42.89	300m:	4:06.34	43.46	400m:	5:31.46	41.94	
11.		,	09	6									5:36.36 336 II
	50m:	36.26	36.26	150m:	2:01.17	42.91	250m:	3:28.76	44.14	350m:	4:55.27	43.18	
	100m:	1:18.26	42.00	200m:	2:44.62	43.45	300m:	4:12.09	43.33	400m:	5:36.36	41.09	
12.		,	10	()	(.)								6:15.06 242 III
	50m:	40.48	40.48	150m:	2:13.66	47.41	250m:	3:52.02	49.47	350m:	5:29.05	48.30	
	100m:	1:26.25	45.77	200m:	3:02.55	48.89	300m:	4:40.75	48.73	400m:	6:15.06	46.01	