



# ВЕСЕННИЕ СТАРТЫ ДОНА

плыви к цели

г. Ростов-на-Дону

26 - 28 апреля 2024 года

104 , 200m 11 - 15  
26.04.2024 - 13:40

: Rudolph Table 2023

14-15

1.			2010 II	"	25"	<b>3:04.56</b> III
	50m: 42.36	100m: 1:30.34	150m: 2:17.95	200m: 3:04.56		
2.			2010 III	"	22"	<b>3:11.70</b> III
	50m: 42.11	100m: 1:28.96	150m: 2:18.41	200m: 3:11.70		

11-13

1.			2011 II	No1		<b>3:02.47</b> III
	50m: 37.75	100m: 1:25.99	150m: 2:15.50	200m: 3:02.47		
2.			2012 II	2		<b>3:02.79</b> III 1,9
	50m: 40.45	100m: 1:28.45	150m: 2:17.18	200m: 3:02.79		
3.			2012 II	4		<b>3:12.70</b> III
	50m: 45.22	100m: 1:35.85	150m: 2:24.99	200m: 3:12.70		
4.			2011 III	"	25"	<b>3:26.51</b> 1
	50m: 46.92	100m: 1:41.11	150m: 2:34.64	200m: 3:26.51		
5.			2013 III	"	25"	<b>3:31.29</b> 1
	50m: 45.63	100m: 1:39.69	150m: 2:36.64	200m: 3:31.29		
6.			2013 III	4		<b>3:36.23</b> 1
	50m: 46.54	100m: 1:43.86	150m: 2:40.49	200m: 3:36.23		
DSQ			2013 III	( )	.	- - 1