



ВЕСЕННИЕ СТАРТЫ ДОНА

плыви к цели

г. Ростов-на-Дону

26 - 28 апреля 2024 года

228 , 200m 10
27.04.2024 - 18:45

: Rudolph Table 2023

		9-10									
1.				2014 III		4		3:13.44	II		14,0
	50m:	42.59	100m:	1:32.35	150m:	2:23.08	200m:	3:13.44			
2.				2015 I		2		3:54.02	1		7,3
	50m:	50.80	100m:	1:50.34	150m:	2:51.31	200m:	3:54.02			
3.				2015		4		3:54.85	1		7,0
	50m:	53.99	100m:	1:54.32	150m:	2:54.58	200m:	3:54.85			
4.				2015 I		"	22"	4:02.38	1		4,5
	50m:	54.40	100m:	1:57.57	150m:	3:00.00	200m:	4:02.38			
5.				2015 I		10		4:02.48	1		4,5
	50m:	55.44	100m:	1:57.00	150m:	2:59.28	200m:	4:02.48			
6.				2014				4:06.34	1		
	50m:	54.27	100m:	1:57.36	200m:	4:06.34					
7.				2014 III		13		4:08.23	1		
	50m:	58.06	100m:	2:01.38	150m:	3:05.09	200m:	4:08.23			
8.				2015 II		13		4:12.79	1		1,1
	50m:	53.68	100m:	1:59.72	200m:	4:12.79					
9.				2014 II		"	9"	4:14.85	1		
	50m:	57.21	100m:	2:02.46	150m:	3:09.34	200m:	4:14.85			
10.				2014 II		13		4:17.26	1		
	50m:	1:00.21	100m:	2:05.87	150m:	3:13.62	200m:	4:17.26			
11.				2015 III		"	22"	4:23.84	2		
	50m:	1:02.96	100m:	2:11.06	150m:	3:18.74	200m:	4:23.84			
DSQ				2014		4					
		8									
1.				2016	Uvarov_swim			4:02.92	1		14,4
	50m:	56.88	100m:	1:58.66	150m:	3:01.63	200m:	4:02.92			

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