



ВЕСЕННИЕ СТАРТЫ ДОНА

плыви к цели

г. Ростов-на-Дону

26 - 28 апреля 2024 года

323 , 400m 9-10
28.04.2024 - 15:30

: Rudolph Table 2023

1.				2015 III		"	22"	5:52.77	1	16,1
	50m:	40.51	150m:	2:12.47	250m:	3:44.34	350m:	5:15.83		
	100m:	1:25.81	200m:	2:58.22	300m:	4:30.15	400m:	5:52.77		
2.				2014 II		"	22"	5:59.38	1	6,0
	50m:	41.32	150m:	2:13.30	250m:	3:45.25	350m:	5:17.09		
	100m:	1:26.84	200m:	2:59.79	300m:	4:31.35	400m:	5:59.38		
3.				2014 III				6:16.23	1	2,3
	50m:	40.42	150m:	2:13.88	250m:	3:49.70	350m:	5:29.66		
	100m:	1:27.29	200m:	3:03.06	300m:	4:41.34	400m:	6:16.23		

"

"

50

www.rostovswimm.ru
vk.com/rostovswimm

SwissTiming