

, 21. - 24.1.2025

33
24.01.2025 - 15:05

, 400m

14

	12 +: 4:20.00 / II 9 +: 5:34.00 /		10 +: 4:30.00 / III 9 +: 6:18.00 /		I	9 +: 4:52.00 / I 8 +: 7:29.00				
: AQUA 2024										
14										
1.			08		"		"	4:37.31	580	I
	50m:	31.35 31.35	150m:	1:39.52 34.15	250m:	2:49.55 35.16	350m:	4:01.86 36.49		
	100m:	1:05.37 34.02	200m:	2:14.39 34.87	300m:	3:25.37 35.82	400m:	4:37.31 35.45		
2.			10		"		"	4:47.34	521	I
	50m:	32.45 32.45	150m:	1:43.25 35.95	250m:	2:56.77 36.68	350m:	4:11.10 37.15		
	100m:	1:07.30 34.85	200m:	2:20.09 36.84	300m:	3:33.95 37.18	400m:	4:47.34 36.24		
3.			11		"		"	4:52.21	495	II
	50m:	33.46 33.46	150m:	1:46.20 37.24	250m:	3:00.74 37.09	350m:	4:16.39 37.82		
	100m:	1:08.96 35.50	200m:	2:23.65 37.45	300m:	3:38.57 37.83	400m:	4:52.21 35.82		
4.			11		6			5:06.55	429	II
	50m:	33.13 33.13	150m:	1:49.75 38.65	250m:	3:09.19 39.71	350m:	4:28.23 39.74		
	100m:	1:11.10 37.97	200m:	2:29.48 39.73	300m:	3:48.49 39.30	400m:	5:06.55 38.32		
5.			11		"		"	5:08.22	422	II
	50m:	35.09 35.09	150m:	1:52.85 39.35	250m:	3:49.20 1:17.27	350m:	5:08.11 39.28		
	100m:	1:13.50 38.41	200m:	2:31.93 39.08	300m:	4:28.83 39.63	400m:	5:08.22 0.11		
6.			11		"		"	5:13.81	400	II
	50m:	33.22 33.22	150m:	1:51.51 40.48	250m:	3:12.95 40.66	350m:	4:34.32 41.05		
	100m:	1:11.03 37.81	200m:	2:32.29 40.78	300m:	3:53.27 40.32	400m:	5:13.81 39.49		
7.			11		"		"	5:19.39	379	II
	50m:	35.16 35.16	150m:	1:54.45 40.28	250m:	3:15.89 40.76	350m:	4:39.28 41.54		
	100m:	1:14.17 39.01	200m:	2:35.13 40.68	300m:	3:57.74 41.85	400m:	5:19.39 40.11		
8.			11		"		"	5:26.15	356	II
	50m:	35.91 35.91	150m:	1:57.89 41.61	250m:	3:21.59 41.61	350m:	4:45.82 42.01		
	100m:	1:16.28 40.37	200m:	2:39.98 42.09	300m:	4:03.81 42.22	400m:	5:26.15 40.33		
9.			11		"		"	5:42.38	308	III
	50m:	38.31 38.31	150m:	2:06.08 44.54	250m:	3:34.16 43.83	350m:	5:00.81 42.67		
	100m:	1:21.54 43.23	200m:	2:50.33 44.25	300m:	4:18.14 43.98	400m:	5:42.38 41.57		
10.			09			3		6:18.94	227	1
	50m:	40.99 40.99	150m:	2:16.28 47.82	250m:	3:53.35 49.27	350m:	5:34.75 51.25		
	100m:	1:28.46 47.47	200m:	3:04.08 47.80	300m:	4:43.50 50.15	400m:	6:18.94 44.19		
14 - 15										
1.			10		"		"	4:47.34	521	I
	50m:	32.45 32.45	150m:	1:43.25 35.95	250m:	2:56.77 36.68	350m:	4:11.10 37.15		
	100m:	1:07.30 34.85	200m:	2:20.09 36.84	300m:	3:33.95 37.18	400m:	4:47.34 36.24		
2.			11		"		"	4:52.21	495	II
	50m:	33.46 33.46	150m:	1:46.20 37.24	250m:	3:00.74 37.09	350m:	4:16.39 37.82		
	100m:	1:08.96 35.50	200m:	2:23.65 37.45	300m:	3:38.57 37.83	400m:	4:52.21 35.82		
3.			11		6			5:06.55	429	II
	50m:	33.13 33.13	150m:	1:49.75 38.65	250m:	3:09.19 39.71	350m:	4:28.23 39.74		
	100m:	1:11.10 37.97	200m:	2:29.48 39.73	300m:	3:48.49 39.30	400m:	5:06.55 38.32		
4.			11		"		"	5:08.22	422	II
	50m:	35.09 35.09	150m:	1:52.85 39.35	250m:	3:49.20 1:17.27	350m:	5:08.11 39.28		
	100m:	1:13.50 38.41	200m:	2:31.93 39.08	300m:	4:28.83 39.63	400m:	5:08.22 0.11		
5.			11		"		"	5:13.81	400	II
	50m:	33.22 33.22	150m:	1:51.51 40.48	250m:	3:12.95 40.66	350m:	4:34.32 41.05		
	100m:	1:11.03 37.81	200m:	2:32.29 40.78	300m:	3:53.27 40.32	400m:	5:13.81 39.49		

33, , 400m , 14 - 15

6.				11	"		"		5:19.39	379	II	
	50m:	35.16	35.16	150m:	1:54.45	40.28	250m:	3:15.89	40.76	350m:	4:39.28	41.54
	100m:	1:14.17	39.01	200m:	2:35.13	40.68	300m:	3:57.74	41.85	400m:	5:19.39	40.11
7.				11	"		"		5:26.15	356	II	
	50m:	35.91	35.91	150m:	1:57.89	41.61	250m:	3:21.59	41.61	350m:	4:45.82	42.01
	100m:	1:16.28	40.37	200m:	2:39.98	42.09	300m:	4:03.81	42.22	400m:	5:26.15	40.33
8.				11	"		"		5:42.38	308	III	
	50m:	38.31	38.31	150m:	2:06.08	44.54	250m:	3:34.16	43.83	350m:	5:00.81	42.67
	100m:	1:21.54	43.23	200m:	2:50.33	44.25	300m:	4:18.14	43.98	400m:	5:42.38	41.57

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1.				08	"		"		4:37.31	580	I	
	50m:	31.35	31.35	150m:	1:39.52	34.15	250m:	2:49.55	35.16	350m:	4:01.86	36.49
	100m:	1:05.37	34.02	200m:	2:14.39	34.87	300m:	3:25.37	35.82	400m:	4:37.31	35.45
2.				09			3		6:18.94	227	1	
	50m:	40.99	40.99	150m:	2:16.28	47.82	250m:	3:53.35	49.27	350m:	5:34.75	51.25
	100m:	1:28.46	47.47	200m:	3:04.08	47.80	300m:	4:43.50	50.15	400m:	6:18.94	44.19